

SUNDAY EVENING

BIBLICAL THINKING VS A WOUNDED SPIRIT

5/31/2026

Text: Proverbs 18:14 & Various

Theme: Learning to think biblically when the spirit is wounded.

Key passages: Prov 12:25; 14:13; 15:13; 17:22; 25:20; John 14:1

PROV 18:14 The spirit of a man will sustain his infirmity; but a wounded spirit who can bear?

Unbiblical Thinking

<i>Unbiblical Thoughts</i>	<i>Verses</i>	<i>Biblical Thoughts</i>	<i>Verse</i>
<i>I feel guilty because either I won't confess my sin or I don't believe God will forgive my sin</i>	<i>Psalm 32:3, 4, 10; 38:4-8; Gen 4:13</i>	<i>Thankfulness and awe of God's complete forgiveness</i>	<i>Isaiah 43:25-26; Psalm 32:1, 2; Rom 5:20</i>
<i>Fearful and anxious because the trial is too big for my resources</i>	<i>Deut 20:8; Prov 28:1; Psalm 53:5; Phil 4:6</i>	<i>God's love, His care, and His absolute control of our lives assures me of God's protection and provision</i>	<i>Matt 8:26; 1 John 4:16, 18; Isaiah 26:3; Josh 1:9; Heb 13:6; Psa 56:3</i>
<i>Ungrateful – I deserve the things that I have because I have earned them</i>	<i>2 Tim 3:2; Rom 1:18-32; 1 Cor 4:7</i>	<i>Praise and thanksgiving in every situation and for every provision God gives; remembering we deserve nothing</i>	<i>Psalm 92:1-4; 1 Thess 5:18</i>
<i>I'm angry because of what has happened to me.</i>	<i>2 Sam 13:15; Gen 27:41; 37:4</i>	<i>I see even sinful words and actions against me as an opportunity to show mercy and love for others</i>	<i>Ephesians 4:2, 32</i>
<i>Self-centered – the choices that I make are for my benefit. My happiness depends on making sure things go my way</i>	<i>Gen 30:1; Rom 8:8; James 3:16</i>	<i>Focus outwardly on my ways (am I properly demonstrating Christ). Also focus on ways we can serve the Lord and meet the needs of others</i>	<i>Heb 6:10; John 13:34, 35; Matt 16:24</i>